GOMS Eblast 8-19-22



EDJOIN Granite Oaks is currently looking for Instructional Aides, if interested please <u>APPLY HERE</u>

August 19th - Back to School Dance (7:00 - 9:00pm) August 20th - Parent Falcon Club Support (Starbucks in SaveMart Center) - 10:00am August 24th - Picture Day August 31st - 8th Grade Hearing Screening

Dear GOMS Families,

We are off and running with the 2022/2023 school year! Students are truly doing a fantastic job in our Falcon Nest by being Respectful, Responsible, and Resilient with their actions and behaviors. Students are behaving themselves, treating each other with kindness and compassion, while also doing a very good job of keeping our campus clean. Our campus is fully engaged in the education of our students and has begun supporting the social and emotional growth of our students with our Character Strong lessons.

Our amazing school is in need of parental support with our Parent Falcon Club (PFC). Our GOMS PFC is a volunteer group that helps with fundraising to support our schools educational programs, social and emotional programs, and clubs. The PFC is a fundamental part of what makes our school an amazing learning environment for our students to grow educationally and socially. We are in need of folks to help with our governing board. Our GOMS PFC governing board is a very low key commitment in comparison to other PTC situations. Please think about joining our GOMS PFC and supporting all the great things that happen at GOMS. We will have an informational meeting this Saturday, August 20th at Starbucks on Park and Stanford Ranch Road in the SaveMart Shopping Center at 10:00am.

All the best, Mr. Anaya and Mr. Holmes

Parent Falcon Club Support - 8/20

Granite Oaks Middle School urgently needs parents to join the Parent Falcon Club Board. The Parent Falcon Club (PFC) is crucial for the support of Granite Oaks students and faculty. Please join Mr. Holmes, Mr. Anaya and the PFC Board on <u>Saturday, August 20th at 10am</u> at Starbucks (Park and Stanford Ranch in the SaveMart shopping center) to find out how you can help our community and answer any questions.



There are many levels of involvement! We need help with one-time events as well as board positions. Job sharing is encouraged and some volunteer work can be done remotely. For more information, contact:

graniteoaksPFC@gmail.com and check our website: www.gomspfc.org for a description of the board positions.

Thank you for your support!



Lifetouch®

Picture Day is August 24th

Pictures will be taken during the student's PE class. You can order your picture package online by going to <u>https://my.lifetouch.com/mylifetouch/</u> and using **Picture Day ID: EVTRJFV6C.**

If you are not ordering online, be sure your student brings their picture order form and money on Wednesday, August 24th!

Chromebooks

Questions about Chromebooks can be directed to David Jurgeit at djurgeit@rocklinusd.org

School/Office/Library Hours:

Every <u>Monday</u> School starts at 8:00 a.m. and ends at 1:26 p.m. Tuesday through Friday school starts at 8:00 a.m. and ends at 2:40 p.m. Office hours are Monday – Friday from 7:00 a.m. to 3:30 p.m. The library is open Monday (7:45 a.m. to 2:30 p.m.); Tuesday – Friday from 7:45 a.m. to 3:30 p.m.

Students should not arrive on campus before 7:35 a.m. Students should plan to be off campus by 3:00 p.m. unless participating in a supervised activity or studying in the library. Granite Oaks does not have supervision to permit students on campus beyond designated times.

2022-2023 Bell Schedule

Attendance/Absences:

To report your student absent, please call the Attendance Office, at 315-9009, Ext. 4105. Students must have absences cleared by a parent/guardian. Parents will receive an attendance letter for excessive absences if their student exceeds 10 excused absences or 3 unexcused absences for the school year. If your student is going to be out of school for 3 or more consecutive days, then they will need to request an Independent Study Contract through the Attendance Office, which must be notified at least one week prior to the departure date. The GOMS Student Handbook contains additional information regarding attendance.

Student Check Out/Check In:

If your student needs to leave school during the school day (*i.e.: appointment*) they need to bring a signed note from their parent/guardian <u>before school</u> to the attendance office. They will be issued a slip to be released from class. Students can only be signed out by a parent, guardian, or person listed in the Aeries Parent Portal Account and is at least 18 years of age. This policy ensures an uninterrupted learning environment and allows students to be waiting for you in the front office to be signed out

When checking your student into school, your student must go to the attendance window, located on campus around the corner from the main office, to fill out a slip before going into class.

Breakfasts/Lunches:

Free breakfast and lunches will be provided to all students this school year.

Deliveries to Students:

Parents are encouraged to let students assume responsibility for remembering lunches, school items, homework and P.E. uniforms. However, you may leave items on the bookcase located in the Front Office for your student to pick-up. **Students/Parents may not order food to be delivered to the office for lunch (i.e. pizza, door dash, uber eats, etc).**

Physical Education/Uniforms:

Uniforms will be sold each day for the first week during your student's P.E. class. Your student will buy a uniform from their P.E. teacher. We recommend that students purchase the school P.E. uniform; however, students may wear a black pair of shorts and a gray T-shirt with no pockets or logos during class. The school P.E. uniform includes shorts and shirt for \$25.00 a set or \$13.00 each for the individual T-shirt or shorts. **Make checks payable to Granite Oaks Middle School.** For safety, sturdy laced athletic shoes are required. No slip on, backless or raised sole shoes will be allowed during P.E. class. The school will furnish P.E. lockers and locks for students.

Driving Caution during Drop Off and Pick Up:

Please do not stop in the middle of the traffic lane or in the middle of the parking lot to let your student out. Please pull to the curb or into a parking spot. Also, please do not park in the bus loop. This area needs to be kept clear for buses. Student drop off is not permitted behind the E Wing Building.

Student Illnesses/Health Office:

If a student has an emergency or is ill, they must report to the health office located in the Front Office. Granite Oaks staff is available to assist your student.

Medications:

Any student, who may need medication administered during school hours must have a written medication authorization release signed by both the parent and doctor (Ed. Code 49423). This applies to all medications; *over-the-counter and prescription medications*. This also applies to students who carry their medication with them (i.e., asthma inhalers and auto-injection Epi Pens). For more information and access to the appropriate form, please use the links below:

RUSD Medication Release Forms GOMS Health Office

Mandated State Immunization Requirements:

All students entering 7th grade and newly registered students must meet all state immunization requirements, including proof of 7th grade TDAP requirements, or have a temporary or permanent Medical Exemption completed by a doctor. A Personal Beliefs Exemption filed in grade span Pre K through 6th grade is not valid for 7th grade entry.

Reference: <u>RUSD website for Immunization Requirements</u>

Reference: California's School Immunization Website

Rocklin Unified School District

2615 Sierra Meadows Drive · Rocklin, CA 95677 Phone · (916) 624-2428 Fax · (916) 624-7246

Roger Stock, Superintendent Barbara Patterson, Deputy Superintendent Business & Operations Tony Limoges, Associate Superintendent, Human Resources Marty Flowers, Associate Superintendent, Secondary Education Bill MacDonald, Associate Superintendent, Elementary Education

Dear Parents and Students,

The staff at Granite Oaks Middle School are excited to welcome you to a new school year filled with opportunities to learn and engage! We are looking forward to seeing all of you this coming school year.

Attending school regularly helps children feel better about school—and themselves. Building this habit at the beginning of the school year has a huge impact on student success. We realize some absences are for health or other reasons. But, when students are absent 2 or more days a month (or 18 days over the school year) they can fall far behind in what they learn. Excused and unexcused absences both mean missing classroom learning time. Let's work together to increase attendance rates at our school to ensure all of our students are on the right path for success.

Some Attendance Tips:

- Make sure your students keep a regular bedtime and establish a morning routine.
- Turn off all electronics including TVs, phones and tablets at bedtime.
- Make sure clothes and pack backpacks are ready the night before.
- Check with our school nurse or office staff if you are not sure about when to keep your child at home due to illness.
- Avoid scheduling vacations or doctor's appointments when school is in session.
- Talk to teachers and counselors for advice if your student feels anxious about going to school.
- Request a *Short Term Independent Study contract if your child will be absent for 3 or more days*, this will allow your child to keep up with their academics while they are away. Additionally, based on completion of work, your child will be considered in attendance.
- Develop back up plans for getting to school if something comes up. Call on a family member, neighbor, or another parent to take your student to school.
- View additional resources from AttendanceWorks
 - Kindergarten
 - o Grades 1st-6th
 - o Grades 7th-12th

Please let us know how we can best support you and your student so that they can show up for school on time every day.

Sincerely,

Jay Holmes, Principal



Health Services

In preparation for the coming school year we would like to notify you about our Health Office.

- The Health Office is located in the Administration Office building.
- The school health office is staffed by a part-time Health Aide. They are trained in CPR and First Aid. Their usual office hours are from: 8:00am to 11:45am.
- When the Health Aide is not in the office students will be assisted by: school staff. They are also trained in CPR and First Aid.
- **Medication Check In:** The best times to check in medications are: 8:00am to 11:45am. You will need to put the items below in a bag with your students name and phone number on it.
 - 1. <u>A medication administration form signed by the physician and the parent/guardian.</u>
 - 2. Medication in the appropriate container.
 - Prescription medications must be brought to school in a pharmacy-labeled bottle which contains instructions on how and when the medication is to be given.
 - Over-the-counter medications must be received in the original container

The school health office provides temporary care to students who are sick or injured at school until the parent can be contacted to pick up the student. Students cannot be diagnosed by the health office; your child's physician will need to provide a proper diagnosis. Students will only be released to persons listed on the Emergency Card and 911 will be called if the situation could be life threatening.

Prior to the beginning of school, please notify the school health office in writing of any chronic health issues, such as heart problems, diabetes, severe allergies, hearing loss, vision/glasses, chronic pain, asthma, seizure disorders, etc. This enables the school to communicate the necessary accommodations to appropriate staff to ensure that student health needs and safety are cared for.

Health Services Webpage – For more information please see our Health Services Webpage: <u>www.rocklinusd.org/Departments/Health-Services</u>

Rocklin Unified School District Health Services • email: <u>RUSDnurses@rocklinusd.org</u> • fax: (916)630-2247



Medications at School

The school health office supervises students who are required to take medication during the school day. A written authorization from the student's physician and parent or guardian is required before designated school staff can assist the student in taking **any** medication, including medications prescribed by the physician and over-the-counter medications such as Tylenol, Motrin, cough drops, and ointments.

If your student needs medication of any type given during school hours, including over-the-counter drugs, you have the following choices:

- You may obtain a copy of a medication form from the health aide or school secretary. Take the form to your child's health care provider and have him/her complete the form by listing the medication(s) needed, dosage, and number of times per day the medication is to be administered. Both prescription and over-the-counter medications must have a completed form signed by the physician and the parent. Prescription medications must be brought to school in a pharmacy-labeled bottle which contains instructions on how and when the medication is to be given. Over-the-counter medications must be received in the original container and will be administered according to the health care provider's written instructions.
- You may come to school and give the medication to your student at the appropriate time(s).
- You may discuss with your health care provider an alternative schedule for administering medication (e.g., outside of school hours).

Any medications that will be stored in the Health Office must be signed in by a parent/guardian and staff member. The Health Aide/staff member will verify the medication against the physician's orders, noting the medication's expiration date, quantity, and form (liquid, pills, inhaler, nasal spray, eye drops, etc.)

All medication must be in the original container and placed under lock and key in the health office in the administration building for the safety of all students. *Students are not allowed to carry any form of medication (prescription or over-the counter) at any time while on campus* except those medications that a physician requests the pupil be allowed to carry (e.g., inhalant for asthma, Auto-injector Epi-Pen for severe allergies). Doctor's orders are required to be kept on file at the school for students carrying authorized medication. When on a field trip, the student medications kept in the Health Office shall be monitored by and in possession of a teacher at all times.

Reference: Board Policy 5141.21

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8th Grade Foundations of Freedom Tour April 1 - 7, 2023

Do you like to travel? Do you like U.S. history? Would you like to experience the culture of some of America's most important cities? Are you responsible and mature? IF SO THEN THE EAST COAST TOUR MAY BE...

FOR YOU!!!

Also called the Foundations of Freedom Tour because of its many links to our nation's history, the East Coast Tour visits the following U.S. cities:

- Boston
- New York City
- Philadelphia
- Washington, D.C.
- See Preliminary Itinerary and Pricing

If all that is of interest to you and you would like to know more and get your questions answered, please join us for an informational meeting!

- WHEN: Thursday September 8, 2022 @ 6pm
- WHERE: Granite Oaks Middle School Gym
- WHAT: Meet the chaperones and get your questions answered!

The East Coast Trip is not associated with Granite Oaks Middle School or Rocklin Unified School District. It is paid for and funded only by those who choose to participate.

Questions? Please email Mr. Champ at eastcoasttripchamp@gmail.com







FALL SEASON WARM UP - Girls and Boys - WORKOUTS 3rd-8th Grade

These sessions will be pay as you go, along with the FREE Sunday sessions that will help us get a good look at #'s for the teams on both the Girls and Boys side at each age level for the upcoming seasons.

The purpose of the Rocklin Basketball Club is to provide an opportunity for Boys and Girls that live in the Rocklin Unified School District attendance area to improve their basketball skills in a competitive/fun environment while preparing players for success in middle school/high school programs.

RBC teams will be led by experienced coaches, under the supervision of Brett Ost (RHS Director of Player Development), Kenny Smith (Head Freshmen Coach)

Brett Ost and Kenny Smith work closely with **Steve Taylor** (Head Boys Basketball Coach at Rocklin HS) and Current Girls Varsity Head Coach **Jenna Villalba** to create and develop a consistent message / teaching of the High School Program concepts, terminology, and philosophies.

These training opportunities will be on the below dates. Fall Season will start September 6th and end November 5th which will lead into the WINTER Season.

BOYS Training Opportunities / Meet and Greet \$10/ Session (1 hour)

Age level / Grade	Date	Time	Location
3/4 th	8/15 & 8/22	6-7pm	Granite Daks Middle School
5/6 th	8/15 & 8/22	7-8pm	Granite Daks Middle School
7/8 th	8/15 & 8/22	8-9pm	Granite Daks Middle School
SUNDAY FREE	8/218 8/28	l1am-2pm	Rocklin High School

GIRLS Training Opportunities / Meet and Greet \$10 / Session (1 hour)

Age level / Grade	Date	Time	Location
3/4 th	8/25	6-7pm	Granite Daks Middle School 8/25
5/6 th	8/25	7-8pm	Granite Daks Middle School 8/25
7/8 th	8/25	8-9pm	Granite Daks Middle School 8/25
SUNDAY FREE	8/21 & 828	11am- 2pm	Rocklin High School

REGISTER ONLINE @ Rocklinbasketballclub.com

Email- Rocktownbasketballclub@gmail.com